

OLYMPIAN THOMAS VONN JOINS WEST MOUNTAIN RACING ACADEMY STAFF AS ALPINE FIS & PROGRAM TECHNICAL DIRECTOR



Sara Montgomery and Thomas Vonn



Thomas Vonn US Alpine National Championships Win 2002

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Starting this week, West Mountain will be adding a reknown athlete to its full-time staff—2002 Olympian and U.S. Alpine National Champion Thomas Vonn, bringing with him his passion for coaching and athlete development. Vonn, who was a member of the U.S. Ski Team from 1997-2005, served as the primary coach for World Cup and Olympic champion, Lindsey Vonn, for over 10 years, including the Vancouver Olympic games where she took gold and bronze. Additionally, Vonn consulted with the U.S. Ski Team and coached aspiring World Cup and Olympic athletes from the U.S. and other nations. His specialty has been highly focused on elite-level programming and coaching for skiers rising to top world rankings.

“This is a huge opportunity and pivotal moment for West Mountain,” said Co-Owner/Operator Spencer Montgomery. “We share a common vision for building something long-term and propelling our athletes to compete at a national and international level.”

Montgomery says Steve Lathrop, the current Head Coach for the West Mountain Racing Academy and Club Team Programs has done an excellent job advancing U10-U14 alpine ski racers. Vonn will take on the role of coaching students ready to take on the next level of U16 and beyond.

“We have a really good feeder structure with Steve Lathrop, and to now have Thomas Vonn, we will instantly become a top-tier academy,” said Montgomery. “If a racer wants to compete at a high level, you have to have a highly technical coach in place. We’ve been building our academy base for nine years and Thomas Vonn will elevate it in a tremendous way.”

“When I was training years ago, my fellow athletes and I would seek out mountains in Europe that are very similar to West,” said Vonn. “With its 1,000 foot vertical drop, it has the perfect

slope and perfect pitch for a race team. West has built a great program already and I'm ready to expand upon it even further."

The West Mountain Racing Academy currently has 100 athletes ages 9-17. To start, Vonn will lead a group of 10-15 FIS Alpine racers, with a goal to train future Olympians right at West Mountain.

"Without question that will happen at some point," said Vonn. "We will have a very strong team here very quickly."

MEDIA INQUIRIES Contact Press@WestMountain.com for interviews with Thomas Vonn and Co-Owners Spencer & Sara Montgomery on Thursday, Jan. 13.

ABOUT WEST MOUNTAIN

TRUE TO OUR ROOTS SINCE 1961

An established ski and outdoor activities year-round community with a family-friendly atmosphere, West Mountain is the choice for an authentic upstate experience on the mountain. Nestled at the foot of the Adirondack Mountains and conveniently located off I-87, West Mountain offers a quick drive to downhill satisfaction. Family-owned and operated since day one, West Mountain continues to evolve to meet the needs of families as well as skiing and riding loyalists and year-round outdoor enthusiasts. Improve your skills, have fun with your family and live an active lifestyle. We care about your family, your health and your enjoyment. West Mountain is the year-round destination for outdoor enthusiasts seeking convenience, affordability and a real Adirondack adventure. *Welcome to West Mountain.*

WEST MOUNTAIN MOGUL FREESTYLE DEVELOPMENT PROGRAM STARTS JANUARY 25, 2022

West Mountain is excited to bring back by popular demand the Mogul Freestyle Development 6-Week Program specializing in the Olympic disciplines of mogul skiing and slopestyle skiing. This program launched for the first time last year and welcomed over 80 participants. The 2022 program will run on Tuesdays, with a coaching staff that includes 7x World Cup Mogul Freestyle Champion, John Witt. The program will teach mogul technique on a new dual mogul freestyle line that will be located off the Northwest lift and will also access the Banister Terrain Park. The program will focus on technique including turns, airs and speed – as well as park slopestyle skill building. Limited spots still available. Register by January 24, 2022.

WEST MOUNTAIN PROUDLY SUPPORTS ITS COMMUNITY PARTNERS

Big Brothers Big Sisters, Glens Falls YMCA, Queensbury School District, Glens Falls School District, Glens Falls Rotary, Boy Scouts of America, Girl Scouts of America, Charles R. Wood



Foundation, Glens Falls Hospital, Double H Ranch, West Mountain School, West Mountain Ski Patrol, Special Olympics, & Prospect Center.

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